

Total Wholeness Conference



Melody Moreno
Old Dominion University

Spiritual

Mental

Financial

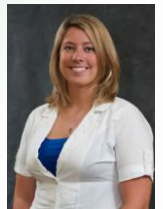
Physical



Angela Harris
Third Millennium Education Group



Rev. Dr. Geoffrey V. Guns
Second Calvary Baptist Church



Dr. Sabrina Graham
Kempsville Chiropractic

Getting Your House In Order: Mentally, Physically, Spiritually and Financially

Open to the Public! Guest speakers will provide information, give their expert advice and offer strategies to help men and women live a healthy and happy life. Enroll your youth (ages 12-17) in the Respected And Protected (R.A.P.) workshop that will take place during the event. R.A.P. encourages healthy bodies and helps youth develop positive decision-making skills.

For more info and to register online visit: www.idsm.org.

Sept 10th 9am-3pm (8am Registration & Exhibits)



Second Calvary Baptist Church 2940 Corprew Ave Norfolk VA



Tracy Hubbard
In Due Season, Inc.

Session I - Mind and Body: The Importance of Mental Health for Overall Wellness

Session II - A Healthier You: Love Your Body Inside and Out

Session III - Spiritual Enrichment: Discovering Your Inner Strength

Session IV - Discovering Your Net Worth: You're Richer Than You Think

PLUS - Additional Breakout Sessions



Keith Hubbard
Suffolk Public Schools & R.A.P.

Presented by
 In Due Season, Inc

Donation
\$15.00 – Adults (\$10 in advance)
\$5.00 – Youth (12 – 17)
Free – 11 and under
RESERVE YOUR SEAT TODAY!

757.809.7128
www.idsm.org