

In Due Season

presents

The Impact of Stress on Infertility

An educational forum for understanding
how your body handles stress

Monday, April 26, 2010

6:30 – 8:00 P.M.

Greenbrier Library - 1214 Volvo Parkway - Chesapeake, VA

FREE! *Registration Required*

Could stress be a reason for infertility? Join us to find out how stress impacts your body and infertility.

Sharon Jenkins, R.N. will be the guest speaker for this event. During this educational forum, you'll:

- learn about positive stress vs. negative stress;
- identify signs associated with stress;
- take a test to determine your stress level; and
- discover techniques to relieve stress.

Make plans to attend this life changing event. What you learn in this forum will make a difference in the life you live and perhaps increase your chances to conceive. Recommended for those facing infertility, considering children, or feeling stressed.

Register online at <http://www.induseasonministries.org/Events.html>.

About our Speaker

Sharon Jenkins is a registered nurse (RN). She received her B.A. of Science in nursing from Pacific Lutheran University in Tacoma Washington and has over 19 years of nursing experience. Mrs. Jenkins began her nursing career by serving 4 years in the U.S. Army Nurse Corps. She continued to serve in this field by working in home health and also managing medical surgical units. She has worked for major hospitals in the Hampton Roads area and is currently employed by Lake Taylor Transitional Care Hospital.



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