



**IN DUE SEASON, INC
PRESS RELEASE**

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**In Due Season, Inc. Provides Free Educational Forum
During 2010 National Infertility Awareness Week**

*National Infertility Awareness Week® (NIAW) is a movement sponsored by
RESOLVE - the National Infertility Association. It is observed this year from April 24 through May 1.*

Hampton Roads, VA - April 23, 2010 – In Due Season, Inc. announced today that it will kick off National Infertility Awareness Week with an educational seminar entitled, “The Impact of Stress on Infertility.” The seminar will be held on Monday, April 24 from 6:30 – 8:00 p.m. at the Greenbrier Library located at 1214 Volvo Parkway in Chesapeake, VA. The event is free and open to the public. Space is available, but seating is limited. Interested women and men can register online until 12 p.m. on Monday, April 24 at www.indueseasonministries.org.

The seminar is recommended for adults who are diagnosed with infertility, trying to conceive, considering children, or feeling stressed. Sharon Jenkins, a registered nurse with Lake Taylor Transitional Care Hospital, will be the guest speaker for this event.

During the program you’ll realize the effect stress has on the body; learn about positive stress vs. negative stress; identify signs associated with stress; take a test to determine your stress level; and discover techniques to relieve stress.

According to Healthy Women¹, 25% of infertile couples have more than one factor that contributes to their infertility. Is it possible that stress is one of them?

Visit www.indueseasonministries.org or call 757-343-3591 to find out more about this organization and future events.

¹HealthyWomen (HW) is a site that serves as a health information source for women (<http://www.healthywomen.org/>).

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About In Due Season - In Due Season is a 501(c)(3) nonprofit organization that provides educational, mental and spiritual support to women and men touched by infertility. The organization strives to heighten awareness about infertility, implement health and wellness programs for teens and adults, and provide grants to help defray costs associated with infertility and family building.